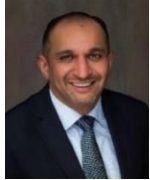


November 17, 2025

Dear Patient,



I hope this letter finds you in good health. I am writing to inform you of an upcoming change which may affect your health care. After much thought and careful consideration, I have decided to transition my career outside of Austin Regional Clinic (ARC). This decision comes with mixed emotions since ARC has been my professional home and my patients are a big part of that.

- **Monday, December 29, 2025, will be my last day seeing patients at ARC Northwest Hills Specialty.**

Please disregard this letter if you are not a regular patient of mine, your care at ARC will not change.

It is very important to me as well as Austin Regional Clinic that you maintain continuous health care. ARC's electronic medical record system allows your records to be accessed from any ARC location and ensures that all my notes and all your medical records will be available for your future care.

At ARC it is our standard that we support our partners and take care of each other's patients. My colleagues will be more than happy to see you for your gastrointestinal needs and will take excellent care of your health. I recommend the following **gastroenterologists and advanced practice clinician (APC) at ARC Northwest Hills Specialty and ARC Medical Plaza Specialty:**

ARC Northwest Hills Specialty

- Enrique Spindel, MD
- Sujaata R. Dwadasi, MD
- Laurel D. Sunde, APRN, FNP-C, RNFA

ARC Medical Plaza Specialty

- Weiwei Cao, MD, PhD

For your convenience, you can schedule your next gastroenterology appointment by calling ARC Northwest Hills Specialty at **512-344-0450** and pressing "1" to speak to a scheduler, Monday – Friday, 8:00am – 5:00pm.

If you would like any additional help choosing a new doctor or APC for your gastrointestinal care, please call **512-ARC-INFO (512-272-4636)**, and press "6" or if you would like to learn more about all ARC gastroenterologists and their locations, visit **ARCgastroenterology.com**.

I am truly grateful to you for entrusting me with your health and allowing me to be your gastroenterologist.

Sincerely,

Yasir Al-Abboodi, MD

Department of Gastroenterology | ARC Northwest Hill Specialty

After Hours &
Same-Day Care
Allergy & Asthma
Audiology

Cardiology
Clinical Research
Dermatology
Ear, Nose & Throat (ENT)

Endocrinology
Extensivist Medicine
Family Medicine
Gastroenterology

General Surgery
Internal Medicine
Neurology
Obstetrics & Gynecology

Orthopedics
Pediatrics
Podiatry
Reproductive Medicine

Rheumatology
Sports & Musculoskeletal
Medicine