

November 15, 2023

Dear Patient,



I hope this letter finds you in good health. I am writing to inform you of an upcoming change which may affect your health care. After much thought and careful consideration, I have decided to move out of state with my family and therefore will be leaving my practice at Austin Regional Clinic (ARC). This comes with mixed emotions since ARC quickly became my professional home.

- **Friday, December 29, 2023 will be my last day seeing patients at ARC Kyle Plum Creek.**

Please disregard this letter if you are not a regular patient of mine, your care at ARC will not change.

It is very important to me as well as ARC that you maintain continuous health care. ARC’s electronic medical record system allows your records to be accessed from any ARC location, and ensures that both my notes and your medical records will be available for your future care.

At ARC it is our standard that we support our partners and take care of each other’s patients. I have complete trust that my colleagues are more than happy to welcome you to their practice and will take excellent care of your health.

**I recommend the following family medicine physicians and advanced practice clinicians (APC) at ARC Kyle Plum Creek and ARC Center Street:**

**ARC Kyle Plum Creek**

- Shane C. Constable, MD
- Michael F. de Lota, MD
- Michelle R. Meystedt, PA-C

*(accepting patients starting February 2024)*

**ARC Center Street**

- Brian T. Benjamin, MD

**Next Steps:**

- Notify your insurance company of your new primary care physician (PCP)** if your plan is a commercial HMO, Medicare Advantage HMO or PPO, or your plan requires you to inform them of a change in PCP.
- Schedule your next appointment** in any one of the following ways:
  - Schedule directly at MyChartARC.com or on the ARC MyChart app, if you have an ARC MyChart account.
  - Click **BOOK NOW** at ARCfamilymedicine.com.
  - Call **512-ARC-INFO (512-272-4636)**, and press “1” to speak with a scheduler, anytime **24/7**.
- Call **512-ARC-INFO** and press “6” for guidance on choosing a new doctor, or you can also read about our family medicine and internal medicine physicians and APC at **ARCfamilymedicine.com**.

I am truly grateful to you for entrusting me with your health and allowing me to be your doctor.

Sincerely,

**Mareshwardeep (Sam) Singh, DO**

Family Medicine Department | ARC Kyle Plum Creek

After Hours & Same-Day Care  
Allergy & Asthma  
Audiology

Cardiology  
Clinical Research  
Dermatology  
Ear, Nose & Throat (ENT)

Endocrinology  
Extensivist Medicine  
Family Medicine  
Gastroenterology

General Surgery  
Internal Medicine  
Neurology  
Obstetrics & Gynecology

Orthopedics  
Pediatrics  
Podiatry  
Reproductive Medicine

Rheumatology  
Sports & Musculoskeletal  
Medicine