

February 20, 2026

Dear Patient/Guardian,



I hope this letter finds you and your family in good health. I am writing to inform you of an upcoming change in my practice which may affect your child’s care with me. Due to the high demand for pediatric mental health care, I am moving to ARC Far West, located at 6835 Austin Center Boulevard, Austin, TX 78731, and transitioning my practice to solely care for patients with mental and behavioral health conditions. I will focus my practice on working with patients and families to help patients achieve their maximum emotional, psychological, developmental, and academic potential.

- **Tuesday, March 31, 2026**, will be my last day seeing patients at ARC Anderson Mill.
- **Wednesday, April 1, 2026**, will be my first day seeing patients at ARC Far West.

Please disregard this letter if your child is not a regular patient of mine. Their care at ARC will not change.

It is very important to me as well as to ARC that your child maintains continuous health care. ARC’s electronic medical record system allows your child’s medical records to be accessible from any ARC location and ensures that all my notes and your child’s medical records will be available for their future care.

To continue general pediatric care for your child, I am happy to recommend my pediatric colleagues below who would be glad to welcome your child into their practice.

ARC Anderson Mill

- Alissa B. Brekken, MD
- Ky Q. Nguyen, MD
- Angelle M. Oliver, MD

ARC Quarry Lake

- Michael J. Gennrich, MD
- Sharon C. Leong, MD
- Sue M. Shieh, MD

ARC Four Points

- Mitchell T. Walton, MD

For your convenience, you can schedule an appointment for your child in the following ways:

- Schedule directly at MyChartARC.com if you have proxy access to your child’s ARC MyChart account.
- Click **BOOK NOW** at ARCpediatrics.com or on any ARC pediatric doctor or advance practice clinician (APC) website bio page.
- Call **512-ARC-INFO** (512-272-4636), and press “1” to speak with a scheduler, anytime 24/7.

If your insurance plan requires that you inform them of a change in your child’s pediatrician, please contact your insurance company to notify them who you choose so that your child’s health care is not interrupted.

If you would like any additional help choosing a new pediatrician, please call our referral line at **512-ARC-INFO (512-272-4636)** and press “6.” You can also read about all our pediatricians at ARCpediatrics.com.

I am truly grateful to you for entrusting me with your child’s health and allowing me to be their pediatrician.

Sincerely,



Sapna Shah, MD | Pediatrics Department

After Hours &
Same-Day Care
Allergy & Asthma
Audiology

Cardiology
Clinical Research
Dermatology
Ear, Nose & Throat (ENT)

Endocrinology
Extensivist Medicine
Family Medicine
Gastroenterology

General Surgery
Internal Medicine
Neurology
Obstetrics & Gynecology

Orthopedics
Pediatrics
Podiatry
Reproductive Medicine

Rheumatology
Sports & Musculoskeletal
Medicine