

Eligible Medicare Patients Can Receive Skilled Nursing Care at Eligible Skilled Nursing Facilities Without a Prior Hospital Stay

Austin Regional Clinic participates in an Accountable Care Organization (ACO). An ACO is a group of doctors, hospitals, and/or other health care providers that work together to improve the quality and experience of care you receive.

? What's a skilled nursing facility?

▶ A **skilled nursing facility** provides skilled nursing care and/or rehabilitation services on a daily basis. Skilled nursing care can only be given or supervised by certain providers. Care includes services like:

- Medical social services
- Occupational therapy
- Physical therapy
- Skilled nursing care
- Speech-language pathology

▶ Your doctor may decide that you need daily skilled care to help improve or maintain your current condition.



Medicare patients have to stay in a hospital 3 days in a row before Medicare will pay for their stay at a skilled nursing facility.



When an ACO partners with a skilled nursing facility, you may be able to get skilled nursing care without staying at a hospital first.

? What is the skilled nursing facility 3-day rule waiver?

▶ Medicare patients have to stay in a hospital for 3 days in a row before Medicare will pay for their stay at a skilled nursing facility. This is called the **skilled nursing facility 3-day rule**. Some ACOs are approved for a **skilled nursing facility 3-day rule waiver** and have partnered with skilled nursing facilities. This means you may be able to get skilled nursing and/or rehabilitative care in a skilled nursing facility without staying at a hospital first.

? What does the skilled nursing facility 3-day rule waiver mean for me?

- ▶ Our ACO is approved to send you for skilled nursing facility or rehabilitation care even if you haven't stayed in a hospital for 3 days first, which is usually a requirement in Medicare. This allows your doctor to be more flexible with the care they recommend for you.
- ▶ For you to qualify for this benefit, we'd have to decide that you need skilled nursing facility care and meet certain other eligibility requirements. The skilled nursing facility 3-day rule waiver applies only to eligible patients who get care from one of our skilled nursing facility partners. All of our partners have at least a 3-star rating according to the [Care Compare website](#).

Care Compare on Medicare.gov keeps track of:

- The number of beds at the facility, and how many are being used (occupied)
- Nursing staff hours per resident per day
- Facility inspection summary results
- Deficiency and complaint information
- Quality measures for each nursing home

? Are my Medicare benefits changing?

▶ **No.** Your Medicare benefits are not changing. You still have the right to visit any doctor, hospital, or other provider that accepts Medicare at any time, just like you do now.

- ▶ If you choose a skilled nursing facility or other facility that your doctor does not partner with, normal Medicare coverage requirements apply. This means Medicare **will not** pay for your skilled nursing facility stay without a prior 3-day inpatient hospital stay.
- ▶ The skilled nursing facility 3-day rule waiver also does not change how much you would pay for skilled nursing and/or rehabilitation services.
- ▶ If you're admitted to a skilled nursing facility, ask your doctor if that skilled nursing facility has partnered with _____.
- ▶ Check out a list of our skilled nursing facility partners below.

Important!



Questions?

- ▶ Austin Regional Clinic is glad to talk with you about this benefit and how it could work for you if you need skilled nursing and/or rehabilitation care. I can also share information about our skilled nursing facility partners. If you'd like to know more, ask Austin Regional Clinic at your next visit. Or call us at 512-ARC-INFO (512-272-4636). You can also call 1-800-MEDICARE and tell them you want to learn more about ACOs (TTY users should call 1-877-486-2048), or visit [Medicare.gov/acos.html](https://www.Medicare.gov/acos.html).

Skilled nursing facility partners:

Brookdale Westlake Hills

- Primary Contact: Shelby Breazeale - sbreazeale@brookdale.com (512-567-2065)
- Secondary Contact: Carol David-Rosen (Director of Finance) - cdavid-rosen@brookdale.com (512-328-3775)

Legend Oaks – Kyle

- Primary Contact: Amy Saenz - ASaenz@EnsignServices.net (512-734-6467)
- Secondary Contact: Erica Nielsen - ericanielsen@ensignservices.net (512-268-1003)

Longhorn Village

- Primary Contact: Nichole Ulrich - nulrich@longhornvillage.com (512-266-5600 x2014)
- Secondary Contact: Debra Lane - dmartinez@longhornvillage.com (512-382-4664 x2032)

The Springs Healthcare and Rehabilitation

- Primary Contact: Ome Taylor - admissions@thespringshc.net
- Secondary Contact: Christine Wilson - admissions-cord@thespringshc.net

