




## Final Instructions

STEP  
4

Press the ON button located on the front of SleepView®. The power light should light green.

STEP  
5

The lights for each connected sensor should be green.

-  Green light: A strong signal is being recorded!
-  Amber light: The sensor needs to be adjusted until green.
-  Red light: The sensor is not properly attached to SleepView®.

Adjust the sensors until the light for each connected sensor is green.

**Aux Sensor:** if the Aux sensor was not provided, the light will remain off.

The sensor lights will go off after 90 seconds, but the power light will remain on. If you need more time to adjust the sensors, press the ON button again to turn all of the sensor lights on for an additional 30 seconds.

STEP  
6

Sleep in a position that is normal and comfortable for you. Try to spend some time on your back as sleep apnea can be worse in that position.

STEP  
7

In the morning, press and hold OFF button (if power light is already turned off, turn it ON and then OFF). Lights circling clockwise in green means a good study was recorded. If the lights circle counter-clockwise in red, call your healthcare provider as you may need to retake the test the next evening.

STEP  
8

Discard cannula in trash. Return the SleepView™ Kit to your healthcare provider.



In case of a medical emergency call 911



Improper routing of leads may result in a choking hazard.

Do not use in conjunction with an external defibrillator. Immediately contact your healthcare provider if you encounter any problems with the SleepView® Monitor or accessories.

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396-0004 Rev. M (DCO 1253)

## SleepView® Monitor

# How to Use SleepView®



# CleveMed

■ ■ ■ ■ Cleveland Medical Devices Inc.

# SleepView® Monitor



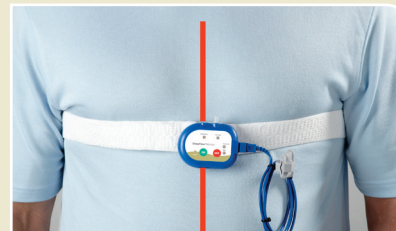
## STEP 1

### Effort Belt

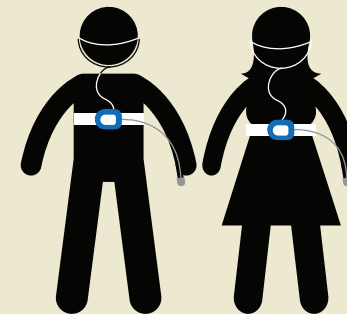
Verify that both snaps on the effort belt are firmly snapped to the SleepView® Monitor.



Over clothing, wrap belt using Velcro tabs to secure snugly but comfortably around chest, not too tight to cause discomfort and not so loose that it is falling off. The belt may overlap and wrap around your torso.



Pull belt above your chest line so SleepView® is positioned at the center of your chest. Women may wear the belt above or below your breast.

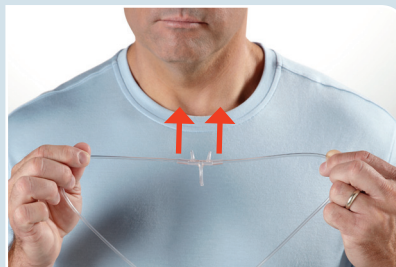


**Note:** Women can wear the belt above or below the breast, whichever position is more comfortable.

## STEP 2

### Nasal Cannula

Remove the nasal cannula from its plastic packaging.



Hold the nasal cannula with both hands so the nasal prongs point up toward your nose.



Insert the nasal prongs into your nose. Pull the tubing behind both ears. Push the plastic slide up to tighten the cannula tubes at your chin. Use a Steri-Strip to secure the tube to your cheeks.

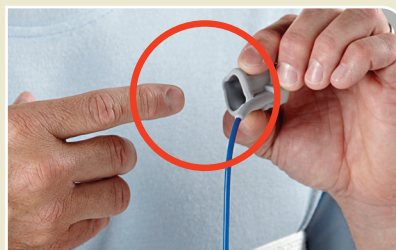


Twist the end of the cannula clockwise onto the Cannula connector on SleepView® until snug.

## STEP 3

### Pulse OX

Verify the Pulse OX sensor is firmly plugged into SleepView®. You may route the wire through the neck of your shirt and out the sleeve. Remove any nail polish or acrylic nails before testing.



Slide your index finger from either hand into the sensor so the icon of a finger covers your fingernail.



Use a Steri-Strip to secure the sensor to the back of your hand. (A Steri-Strip can also be used to secure the sensor to your finger.)

See instructional video  
*How to Use SleepView®*  
at [ClevelandSleepview.com](http://ClevelandSleepview.com)

**See back for final instructions.**



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