

October 28, 2026

Dear Patient,



I hope this letter finds you in good health. I am writing to inform you of upcoming changes which may affect your health care. After much thought and careful consideration, I have decided to transition my career outside of Austin Regional Clinic (ARC) to pursue other career opportunities. This comes with mixed emotions since ARC quickly became my professional home.

Prior to my departure in December, I am relocating my practice from ARC Senior Care Pflugerville to ARC Pflugerville, located just around the corner at 15803 Windermere Drive, Suite 103, Pflugerville, TX 78660.

- **Monday, November 9, 2026, will be my first day seeing patients at ARC Pflugerville.**
- **Wednesday, December 16, 2026, will be my last day seeing patients at Austin Regional Clinic.**

Please disregard this letter if you are not a regular patient of mine, your care at ARC will not change.

It is very important to me as well as ARC that you maintain continuous health care. ARC's electronic medical record system allows your records to be accessed from any ARC location and ensures that both my notes and your medical records will be available for your future care.

At ARC it is our standard that we support our partners and take care of each other's patients. I have complete trust that my colleagues are more than happy to welcome you to their practice and will take excellent care of your health. **I recommend the following internal medicine (IM) and family medicine (FM) physicians and advanced practice clinicians (APCs) at these ARC locations:**

ARC Pflugerville

- Mini Gopalan, MD (IM)
- David C. Gray, MD (IM)
- Hector M. Sanchez, MD (IM)
- Suyee Win, MD
(IM, Starting in November)

ARC Round Rock

- Kristine Chen, MD (FM)
- Swati P. Jadhav, MD (FM)
- Urooj B.N. Jaffer, MD (FM)
- Breena E. Martin, MSN,
APRN, FNP-C (FM)

ARC Kelly Lane

- Satinderjit Kaur, DO (FM)
- Holly A. Leal, PA-C (FM)
- Sangeetha Mariappan, MD, MPH (FM)
- Alicia K. Marrah-Pierson, MSN,
APRN, FNP-C (FM)

As you navigate this change, our team is standing by to assist you in any way possible, including in the following ways:

- **Establish with a New PCP:** For help finding an ARC doctor or APC who fits your needs, call **512-ARC-INFO (512-272-4636)**, and press "6."
- **Schedule an Appointment:** Schedule your Establish Care Visit before your medications need to be renewed. Call **512-ARC-INFO (512-272-4636)**, and press "1" to speak with a scheduler, anytime **24/7**.
- **Update your Health Plan:** Notify your insurance company of your new primary care physician (PCP) if your plan is a commercial HMO, Medicare Advantage HMO or PPO, or your plan requires you to inform them of a change in PCP.
- **Online Information:** If you'd like additional information about our internal medicine and family medicine physicians and APCs visit **InternalMedicine.ARC.clinic** and **FamilyMedicine.ARC.clinic**.

I am truly grateful to you for entrusting me with your health and allowing me to be your doctor.

Sincerely,



Gowrishankar Gnanasekaran, MD, MPH

Internal Medicine & Geriatric Department | ARC Pflugerville Senior Care

After Hours &
Same-Day Care
Allergy & Asthma
Audiology

Cardiology
Clinical Research
Dermatology
Ear, Nose & Throat (ENT)

Endocrinology
Extensivist Medicine
Family Medicine
Gastroenterology

General Surgery
Internal Medicine
Neurology
Obstetrics & Gynecology

Orthopedics
Pediatrics
Podiatry
Reproductive Medicine

Rheumatology
Sports & Musculoskeletal
Medicine