

Patient: _____ DOB: _____ MRN: _____ EDC: _____

Physician: _____ Best contact #: _____ Pharmacy #: _____

Date	Blood Glucose (Fasting)	Breakfast	Blood Glucose (2 hours after meal)	Lunch	Blood Glucose (2 hours after meal)	Dinner	Blood Glucose (2 hours after meal)	Bedtime Snack	Notes

1. Please call in readings to the Triage Nurse at 512-383-8181 (ext. 4) **EVERY MONDAY & THURSDAY BY 10AM**. You may also send in your readings via MyChart.
2. Please call the office and report blood sugars less than 60 or greater than 160, to the triage nurse.
3. To speak with a phone nurse call: 512-383-8181 – and select option 4.