

June 13, 2025

Dear Patient,



I hope this letter finds you in good health. I am writing to inform you of an upcoming change which may affect your health care. After much thought and careful consideration, I have decided to transition my career outside of Austin Regional Clinic (ARC) to pursue other career opportunities. This comes with mixed emotions since ARC quickly became my professional home.

- **Thursday, July 24, 2025, will be my last day seeing patients at ARC Bastrop.**

Please disregard this letter if you are not a regular patient of mine, your care at ARC will not change.

It is very important to me as well as ARC that you maintain continuous health care. ARC's electronic medical record system allows your records to be accessed from any ARC location and ensures that both my notes and your medical records will be available for your future care.

At ARC it is our standard that we support our partners and take care of each other's patients. I have complete trust that my colleagues are more than happy to welcome you to their practice and will take excellent care of your health. **I recommend the following family medicine (FM) and internal medicine (IM) physicians and advanced practice clinicians (APCs) at these ARC locations:**

ARC Bastrop

- Emmy J. Galvan, APRN, MSN, FNP-C (FM)

ARC Center Street

- Jenney S. Vongprathoum, MD (FM)

ARC Southwest

- Erin R. Burge, APRN, MSN, RN, FNP-C (FM)
- Jeffrey W. Champ, MD (FM)
- Karen J. Romero, DO (FM)
- Nicholas F. Bastian, DO, MPH (IM)
- Amanda J. Trevino, MSN, APRN, FNP-C (IM)

ARC Manor

- Brittany E. Norris, APRN, FNP-C (FM)
- Sondra Aiken, MD (IM)

ARC Kyle Plum Creek

- Fidelis E. Amadi, MD (FM)
- Blair O. Kuecker, APRN, MSN, FNP-C (FM)
- Antoinette M. Moore, MD (FM)
- Devyn M. Cline, MD (FM) (Starting in Aug 2025)
- Tiffany L. Dixon, APRN (FM) (Starting in Sept 2025)

ARC South 1st

- Meagan R. Delaney, APRN, MSN, FNP-C (FM)
- Jessica M. Garcia, APRN, MSN, FNP-C (FM)
- Jordan D. Hartman, MD (FM)

Next Steps:

- ☐ **Notify your insurance company of your new primary care provider (PCP)** if your plan is a commercial HMO, Medicare Advantage HMO or PPO, or your plan requires you to inform them of a change in PCP.
- ☐ **Schedule your next appointment** in any one of the following ways:
 - Schedule directly at **MyChartARC.com**, or on the MyChart app if you have an ARC MyChart account.
 - Click **BOOK NOW** at **ARCfamilymedicine.com** or **ARCinternalmedicine.com**.
 - Call **512-ARC-INFO (512-272-4636)**, and press "1" to speak with a scheduler, anytime **24/7**.
- ☐ Call **512-ARC-INFO** and press "6" for guidance on choosing a new doctor or APC, or you can also read about our family medicine and internal medicine physicians and APCs at **ARCfamilymedicine.com** and **ARCinternalmedicine.com**.

I am truly grateful to you for entrusting me with your health and allowing me to be your doctor.

Sincerely,



Damian G. Lara, MD

Family Medicine Department | ARC Bastrop

After Hours &
Same-Day Care
Allergy & Asthma
Audiology

Cardiology
Clinical Research
Dermatology
Ear, Nose & Throat (ENT)

Endocrinology
Extensivist Medicine
Family Medicine
Gastroenterology

General Surgery
Internal Medicine
Neurology
Obstetrics & Gynecology

Orthopedics
Pediatrics
Podiatry
Reproductive Medicine

Rheumatology
Sports & Musculoskeletal
Medicine