

July 13, 2026

Dear Patient,



I hope this letter finds you in good health. I am writing to inform you of an upcoming change which may affect your health care. After much thought and consideration, I have taken the opportunity to practice abroad for a year, therefore I will no longer be able to see patients at Austin Regional Clinic (ARC).

- **Friday, August 14, 2026, will be my last day seeing patients at ARC Far West Medical Tower.**

It is very important to me as well as ARC that you maintain continuous health care. ARC's electronic medical record system allows your records to be accessed from any ARC location and ensures that both my notes and your medical records will be available for your future care.

At ARC it is our standard that we support our partners and take care of each other's patients. I have complete trust that my colleagues are more than happy to welcome you to their practice and will take excellent care of your health. I recommend these **Ear, Nose, and Throat (ENT) doctors** and **advanced practice clinicians (APCs)** at the following ARC locations:

ARC Far West Medical Tower

- Amanda M. Ammerman, PA-C
- Joseph M. Leary, MD
- Matthew M. Meigs, MD

ARC Greenlawn Specialty

- Palak B. Patel, MD
- Sierra L. Bixenmann, PA-C
(starting late July)

ARC Kyle Plum Creek

- Gustavo A. Diaz-Reyes, MD, FACS

ARC Medical Plaza Specialty

- Achal R. Dhruva, MD
- Gretta A. LaCouture, PA-C

ARC South Specialty

- Jeremy (Scott) Sebastian, MD
- John (Caleb) Simmons, MD
- Brian Watabe, PA-C

Next Steps:

- Schedule your next ENT appointment in any one of the following ways:
 - Schedule directly at **MyChartARC.com**, or on the MyChart app if you have an ARC MyChart account.
 - Click **BOOK NOW** at **ARCentdoctor.com**.
 - Call **512-ARC-INFO (512-272-4636)**, and press "1" to speak with a scheduler, Monday - Friday, 8:00am - 5:00pm.
- Call **512-ARC-INFO** and press "6" for guidance on choosing a new ENT, or you can also read about all our ENT specialists at **ARCentdoctor.com**.

I am truly grateful to you for entrusting me with your health and allowing me to care for you.

Sincerely,

Alison G. Kartush, MD

ARC Far West Medical Tower | Otolaryngology (ENT) Department

After Hours &
Same-Day Care
Allergy & Asthma
Audiology

Cardiology
Clinical Research
Dermatology
Ear, Nose & Throat (ENT)

Endocrinology
Extensivist Medicine
Family Medicine
Gastroenterology

General Surgery
Internal Medicine
Neurology
Obstetrics & Gynecology

Orthopedics
Pediatrics
Podiatry
Reproductive Medicine

Rheumatology
Sports & Musculoskeletal
Medicine