

## ADENOIDECTOMY



Adenoidectomy is generally a well-tolerated operation. Some of the following problems may occur after surgery.

### **Pain**

Minor sore throat, neck stiffness or soreness, and ear pain are common. Treat these with the prescribed pain medication or Tylenol.

### **Bad Breath**

This is normal for up to two weeks after the operation and is of no concern.

### **Fever**

A low grade fever is frequently experienced. Drinking extra fluids is helpful. Tylenol can help also. Check if any prescription pain medication contains Tylenol (acetaminophen) before taking additional dosages.

### **Bleeding**

A small amount of bleeding may occur. Treat this with Neosynephrine or Afrin nasal spray and rest. Call the office if bleeding persists.

### **Diet**

There are no specific dietary restrictions with adenoidectomy. Food normally does not go up into the part of the throat where the adenoids are located. Therefore, choice of diet is at the patient's discretion.

If you have **questions** or **concerns**, please contact your doctor's office listed below.

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### ARC ENT Locations

**ARC Cedar Park Medical Plaza** | 1401 Medical Parkway, Building B, Suite 200 | Cedar Park, Texas 78613 | 512-260-1581

**ARC Far West Medical Tower** | 6811 Austin Center Boulevard, Suite 300 | Austin, Texas 78731 | 512-346-8888

**ARC Kyle Plum Creek** | 4100 Everett, Suite 400 | Kyle, Texas 78640 | 512-295-1333

**ARC Round Rock** | 940 Hesters Crossing Road | Round Rock, Texas 78681 | 512-244-9024

**ARC South 1st Specialty** | 3816 South 1st Street | Austin, Texas 78704 | 512-443-1311