Adenoidectomy is generally a well-tolerated operation. Some of the following problems may occur after surgery.

Pain
Minor sore throat, neck stiffness or soreness, and ear pain are common. Treat these with the prescribed pain medication or Tylenol.

Bad Breath
This is normal for up to two weeks after the operation and is of no concern.

Fever
A low grade fever is frequently experienced. Drinking extra fluids is helpful. Tylenol can help also. Check if any prescription pain medication contains Tylenol (acetaminophen) before taking additional dosages.

Bleeding
A small amount of bleeding may occur. Treat this with Neosynephrine or Afrin nasal spray and rest. Call the office if bleeding persists.

Diet
There are no specific dietary restrictions with adenoidectomy. Food normally does not go up into the part of the throat where the adenoids are located. Therefore, choice of diet is at the patient’s discretion.

If you have questions or concerns, please contact your doctor’s office listed below.